

Awakening your Infinite Divine Potential ALANA FAIRCHILD

# INNER POWER

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Original music composition, vocals and meditations by Alana Fairchild Arrangement and production by Glen Schollum, Schollum City Records

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> Cover artwork: "Durga and the Tiger" by Jasmine Becket-Griffith www.strangeling.com

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## 1. POWER WITHIN YOUR SOUL (21.00)

Clear past life pain about power, both its misuse and abuse by you and towards you by others. Heal experiences of punishment and guilt from this or other lifetimes, whether conscious or not, and restore trust with yourself that you can choose to use your power wisely and with love. Let go of the inner blocks to owning your divine power and find the clarity, certainty and trust that you need to truly shine your light boldly, creatively and with courageous love in the world!

### 2. POWER OF YOUR MIND (21.02)

Heal your psychological relationship to power and shift from believing in doing and controlling, to allowing and flowing for a more empowered life and greater manifestation. Clear negative associations to power and learn to just shine freely, without fear. Allow your mind to become a useful ally rather than a source of sabotage based on old fear about what being powerful might mean! Reprogram and reclaim what it is to be truly powerful, which is to come from a place of love and higher consciousness, freedom and divine service. Enjoy the greater freedom to be your divine light on the Earth, without holding back from your truths and your beauty.

#### 3. POWER WITHIN YOUR BODY (21.02)

Clear energy blocks and release power issues that have been stored in the body. Heal, prepare and strengthen the nervous system for your next awakening of Kundalini, or inner divine power. Let go of old trauma or cellular patterning that holds you back from your own divine strength and spiritual awakening at a new level. It is safe to grow! It is safe to be powerful and to attain what your heart is seeking, your own divine destiny made manifest! Prepare your body, nervous system and energy field to be you at a higher frequency upon our beloved Earth.



Alana Fairchild is a soul whispering shaman who works with the unseen or subtle worlds of spirit. She encourages all to believe in themselves, to trust in their own power and to learn how to call on the vast spiritual resources that surround us with unconditional love to help us access our divine genius and be the unfolding plan of light on this planet.

> Find out how to enter into divine play with Alana at www.alanafairchild.com



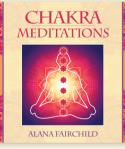
#### Other CDs by Alana Fairchild



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The Black Madonna



Chakra Meditations



VOICE of the SOUL Music for Meditation, Yoga & Dance

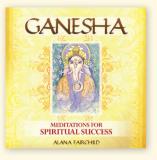
Voice of the Soul



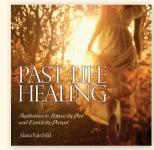
Divine Lotus Mother



Isis: Power of the Priestess



Ganesha



Past Life Healing



Star Child

We call upon Durga, the Goddess of Power, in these meditations through sacred mantra and guided visualisation. She inspires us to realise that with Divine Assistance, our spiritual success is assured. She helps us learn that true power is about overcoming our holding back, to allow for our divine success! This beloved divine mother helps us step out of our own way as we are supported to grow and thrive in the loving light of our own higher self and spiritual power.

