

ALANA
FAIRCHILD



RUMI
MEDITATIONS



ENTER INTO
THE DIVINE HEART

RUMI MEDITATIONS

Released in 2016 by Blue Angel Music®

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Photograph of Alana Fairchild by Lisa Ambrose Photography

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RUMI SPEAKS A SACRED LANGUAGE that we understand with our hearts rather than our minds. He knows the heart is the gateway to divine union and he wants you to be brave enough to take the journey from head to heart, so you can experience the love that is in all things. He encourages humanity to live and love with absolute surrender, abandon and willingness to accept the mysteries of life.

I do not claim expertise in the Sufi way at all; only a reverence for the beauty that exists in what I have experienced of it through my conscious soul connection with Rumi and the teachings that he shares, which feel as though they are the very same teachings of my own inner divine feminine nature. My personal sense is that Rumi's teachings are those of the heart and will strike a chord and resonate with those of us who are awakening our hearts at this time, to learn to live from a place of wisdom, surrender and service.

The inspiration for the meditations on this CD are from my own personal encounters with Rumi. I was at home, in Australia, meditating in my lounge room. Just in emptiness, Rumi suddenly appeared. It was unexpected and a graceful moment of blessing. I didn't see him; however, I *felt* him so clearly. It is hard for me to describe what actually happened, but I could feel that we were one. I was me, and he was him, and yet there was no separation between us at all. I thought that I would open up to receive him, as I had previously experienced with other divine beings, but instead, shockingly and confoundingly, I *was* him. He *was* me. I was me and he was himself, but we burned as one living flame. My mind couldn't make heads or tails of the experience because it made no logical

sense, but the reality of it was sensational! Just recalling it now is making my twirly, curly hair even twirlier and curlier, with luscious jolts of energy shimmering up and out of the crown of my head in ecstatic flow!

Rumi has a heart so open that the entire world he loves so passionately can easily be held within it. He will not turn away from any genuine request for help, no matter what your religious or spiritual background. His is a path of love and the only prerequisite required to dance in divine love with him is to be willing to enter your own heart. May the blessings of this spiritual brother lead you into the bliss of your own divine heart-centred nature.

HOW TO USE THIS CD

You can do one meditation at a time, or one after the other as a longer meditation. You can play it at night to fall asleep or in the background at home if you want to energetically clear your space.

A note on the words used:

Please note that although there is no explicit language in this guided meditation, there are words spoken during the meditation (as printed below) which allude to mature loving themes which may not be considered appropriate for a young person. Whilst this content is not harmful in any way, and refers actually to spiritual love, parents are advised to exercise choice in whether or not to share this material with children.

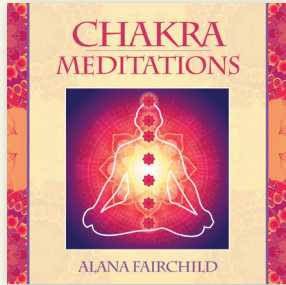
Dare to take my hand and become set alight with holy fire, my cherished one. Step forward with me; let us burn together, dissembled in the light that cannot be extinguished. This is the light that burns with such incandescent truth that no falsehood can withstand its audacious vibrancy. Come with me now, to the light. Together we shall melt into truth.

– From *Rumi Oracle* by Alana Fairchild, adapted for this meditation CD and spoken by Alana Fairchild in Track 1.

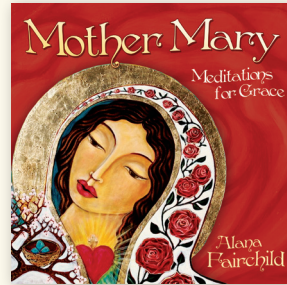
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I am calling to you. Can you hear me? Listen. Within your heart, there I speak; my voice rings true. You are urged beyond what has been. The time has come. Lay it to rest now. This ending comes as grace to free you from all that you have known, for what you have known is now too small for your soul. Bear your uncertainty with equanimity. I am certain enough for both of us. Allow me to show you the light that you are, that burns within you, blazing angel of heavenly purity. I will unveil you to yourself. Undressing your ego, casting aside its layers, as tender as a lover, with unwavering attention upon the sacred body of light. You shall know yourself in truth. As pure, beyond all experience, untainted, ever innocent. As a pure vessel, stripped bare, ready for the divine revelation. As light. As life. As love.

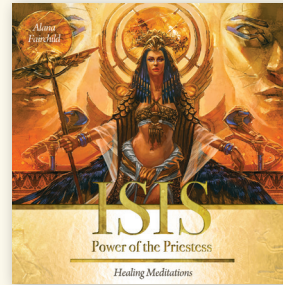
– From *Rumi Oracle* by Alana Fairchild, adapted for this meditation CD and spoken by Alana Fairchild in Track 2.



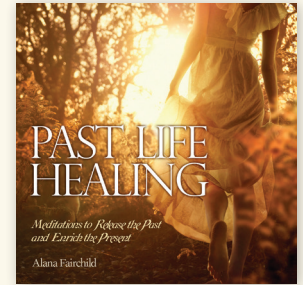
Chakra Meditations CD



Mother Mary CD



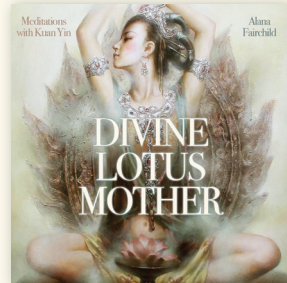
Isis: Power of the Priestess CD



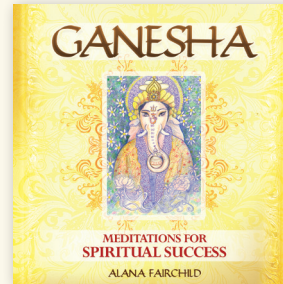
Past Life Healing CD



Voice of the Soul CD



Divine Lotus Mother CD



Ganesha CD



Star Child CD



ALANA FAIRCHILD channels the Voice of the Soul. She surrenders her body and mind over to divine energy and becomes an emanation of love, wisdom and divine power. This eternal loving energy guides you into the mysteries of the divine presence that lies within you too, and that heals through unfathomable grace. That divine presence enables miracles, grace and protection. From that inner divine sanctuary, such gifts are freely bestowed. What we must learn is how to allow that flow and receive. Alana writes, speaks, sings and channels the many faces of the Divine that choose to serve human evolution, so that each one of us may become free, fearless and fully realised embodiments of the divine love that we are in truth.

Find out more about Alana's thriving creative spiritual work, and how it can assist you, on her website: www.alanafairchild.com

